

YEARLY “WELLNESS” VISIT



Hello,

My name is Al Castellanos and I am a licensed insurance agent. Do you know what disease prevention is and why it's important? Well I am here to give you that information. Medicare pays for many preventive services to keep you healthy. These preventive services can find health problems early, when treatment works best, and can keep you from getting certain diseases.

Yearly “Wellness” Visit is one of the preventive services that is covered by Medicare.

What is it?

If you've had Medicare Part B (Medical Insurance) for longer than 12 months, you can get a yearly “Wellness” visit to develop or update a personalized prevention plan based on your current health and risk factors. This includes:

- Health risk assessment
- Review of medical and family history
- Develop or update a list of current providers and prescriptions
- Height, weight, blood pressure, and other routine measurements
- Detection of any cognitive impairment
- Personalized health advice
- A list of risk factors and treatment options for you
- A screening schedule (like a checklist) for appropriate preventive services

Who's covered?

Everyone that has Medicare Part B for longer than 12 months.

How often is it covered?

Once every 12 months.

Your cost if you have Original Medicare

You pay nothing if your doctor accepts assignment.

If you have any questions regarding this exam or any of the other Preventive Service exams covered by Medicare, please contact me at (281) 642-4082 or at alcastellanos@prinsuco.com.